

# Transportation Needs and Assessment of Diverse Older Adults, Younger Adults with Disabilities and Caregivers

September 1, 2021



# Survey Administration

- The survey questionnaire was developed by NADTC staff in partnership with V&L Research and Consulting and the National Advisory Committee on Transportation Diversity, Equity and Inclusion.
- Survey data was collected between February 23 and April 19, 2021.
- The survey encompasses racial, ethnic and cultural diversity and includes Tribal elders and people with disabilities, new immigrant groups, those with Limited English Proficiency (LEP), non-English speakers, and LGBTQ+ individuals.

# Research Methods

V & L Research conducted quantitative surveys of three target groups, including:



## Older Adults

Online: n=784  
Telephone n=422  
Total= 1,206



## Younger Adults with Disabilities

Online: n=524  
Telephone n=100  
Total= 624



## Caregivers

Online: n=605



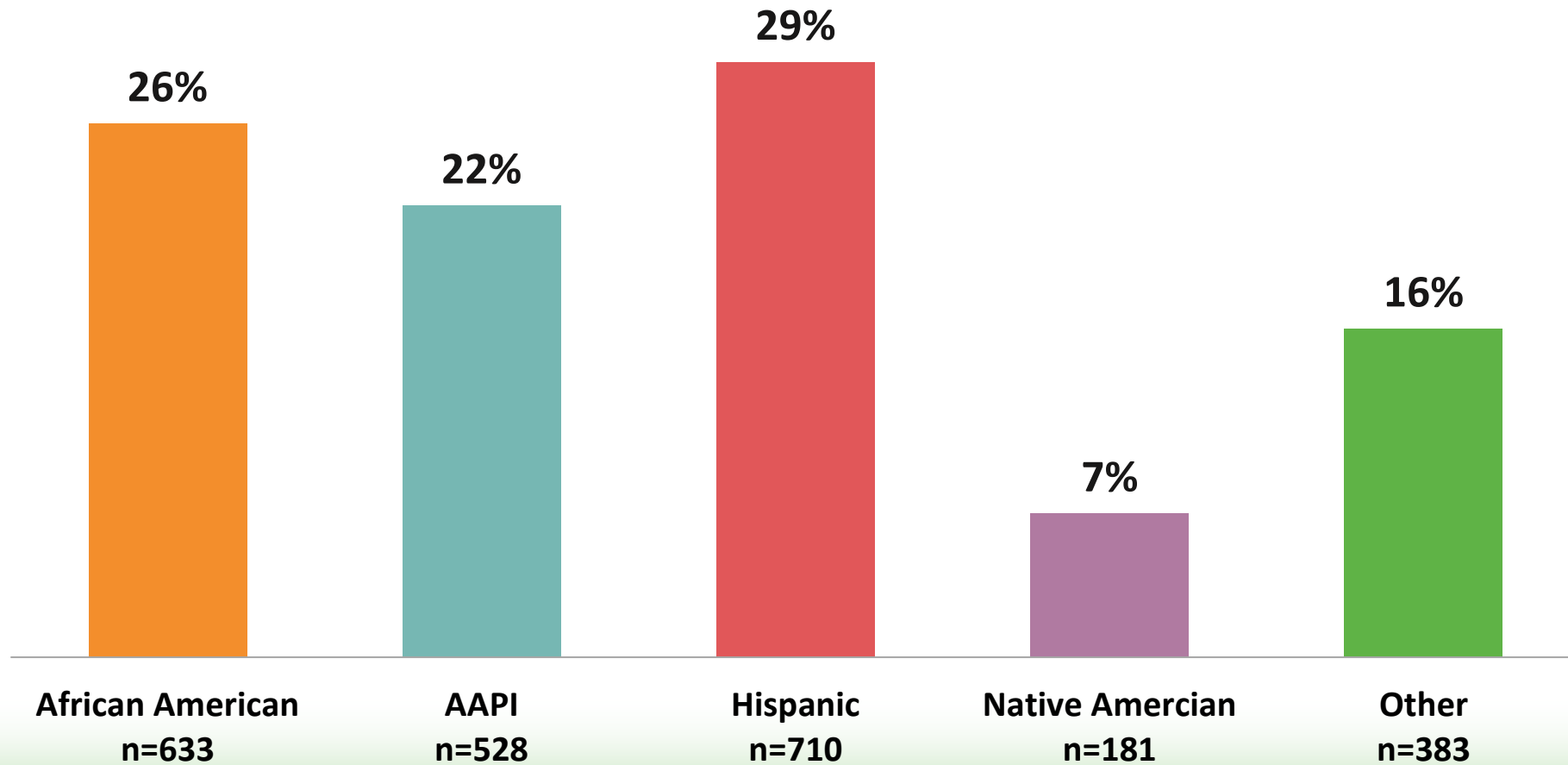
## Detailed Findings



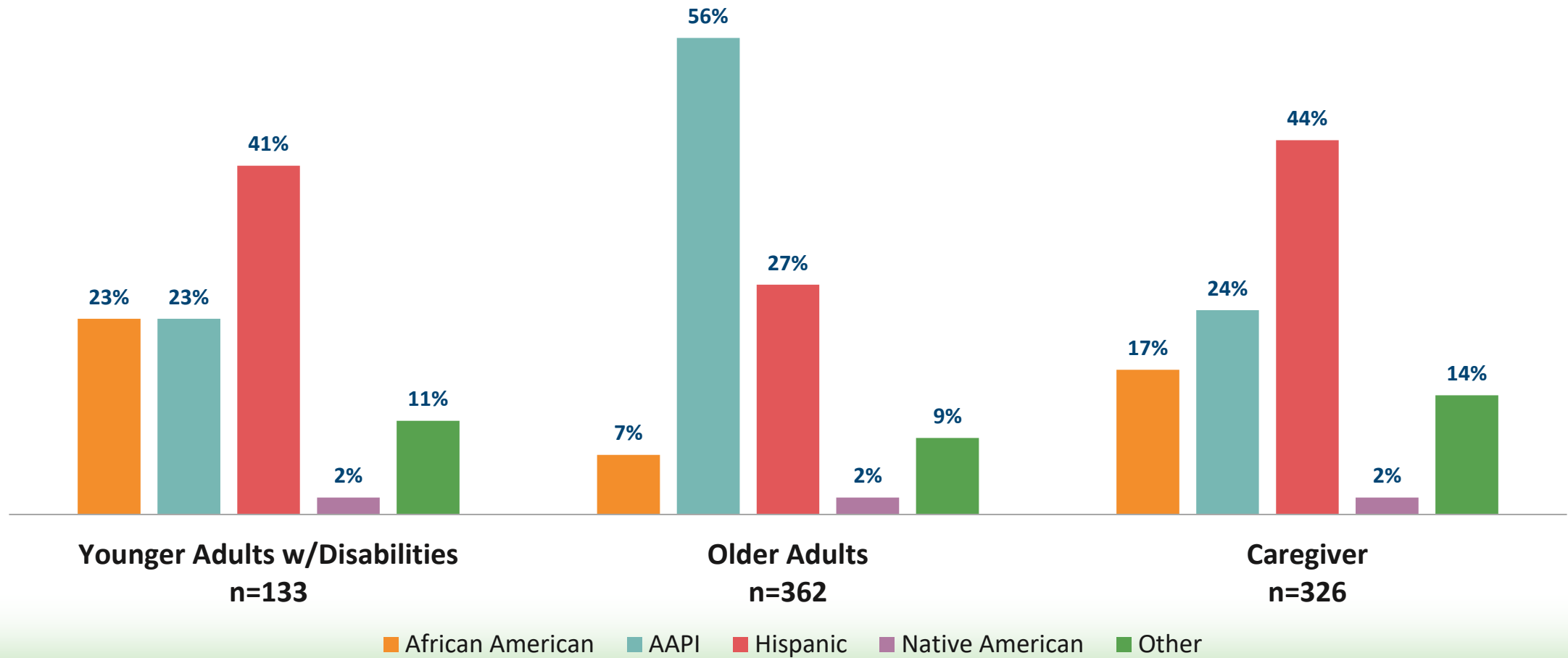
# 1

The 2,435 older adults, younger adults with disabilities and caregivers who responded to the survey came from all 50 states and the District of Columbia and included African Americans, Asian Americans and Pacific Islanders, Hispanics, Native Americans and individuals who identified as LGBTQ+.

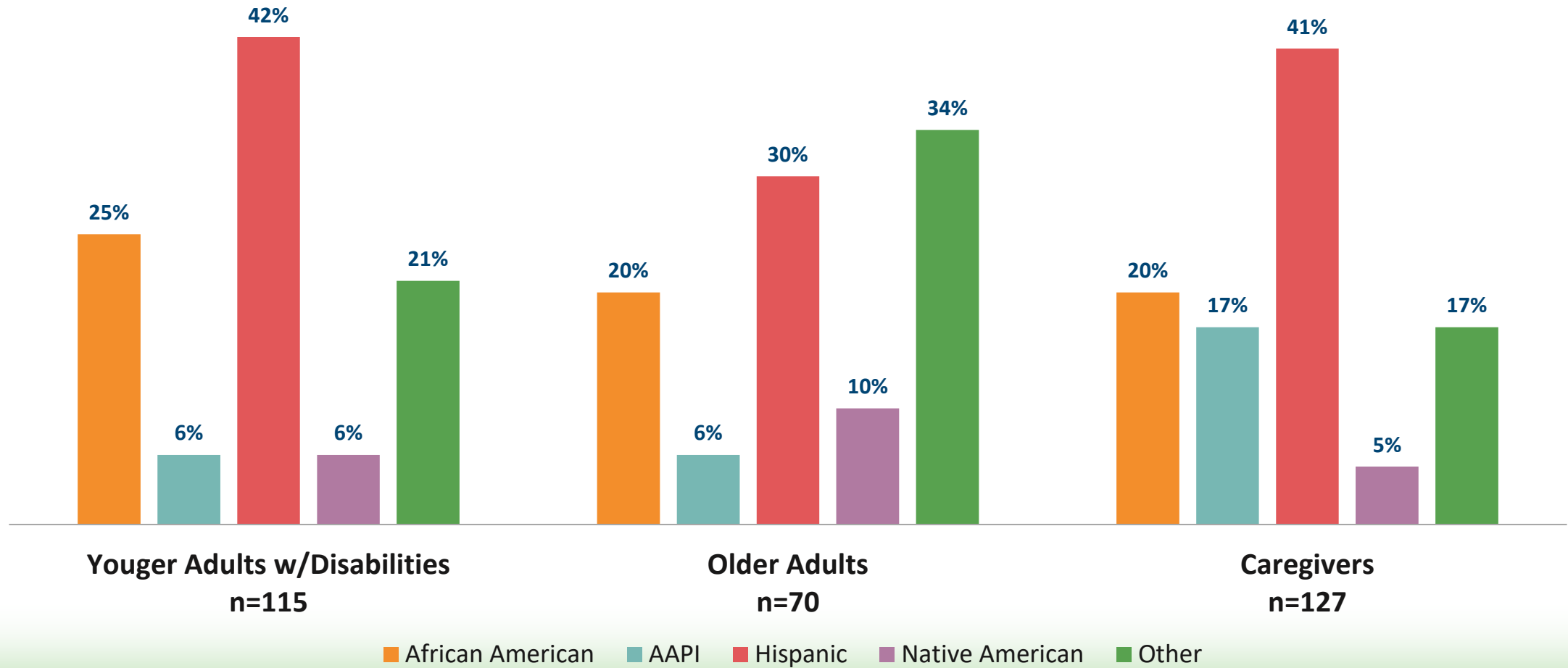
# All Respondents by Race/Ethnicity



# Immigrants, Refugees and/or Foreign-Born Respondents by Race/Ethnicity and Respondent Categories



# LGBTQ+ Respondents by Race/Ethnicity and Respondent Categories





# 2

Both diverse older adults and younger adults with disabilities need transportation to get to medical/dental appointments, the supermarket/store, the pharmacy and to visit with family/friends.

# 3

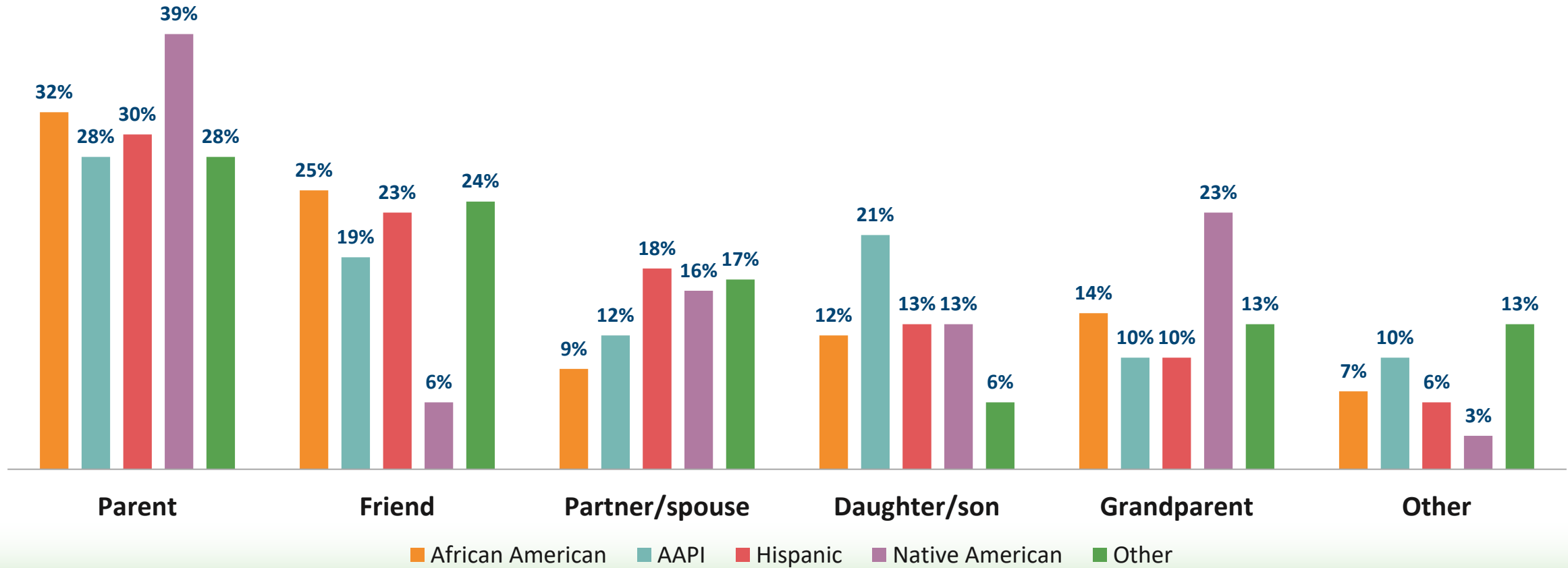
Overall, 81% of diverse older adults drive compared to 53% younger adults with disabilities.

Driving rates are similar across racial/ethnic groups.

4

Most diverse caregivers are relatives or friends of the care recipient, and most provide transportation.

# Caregiver Relationships

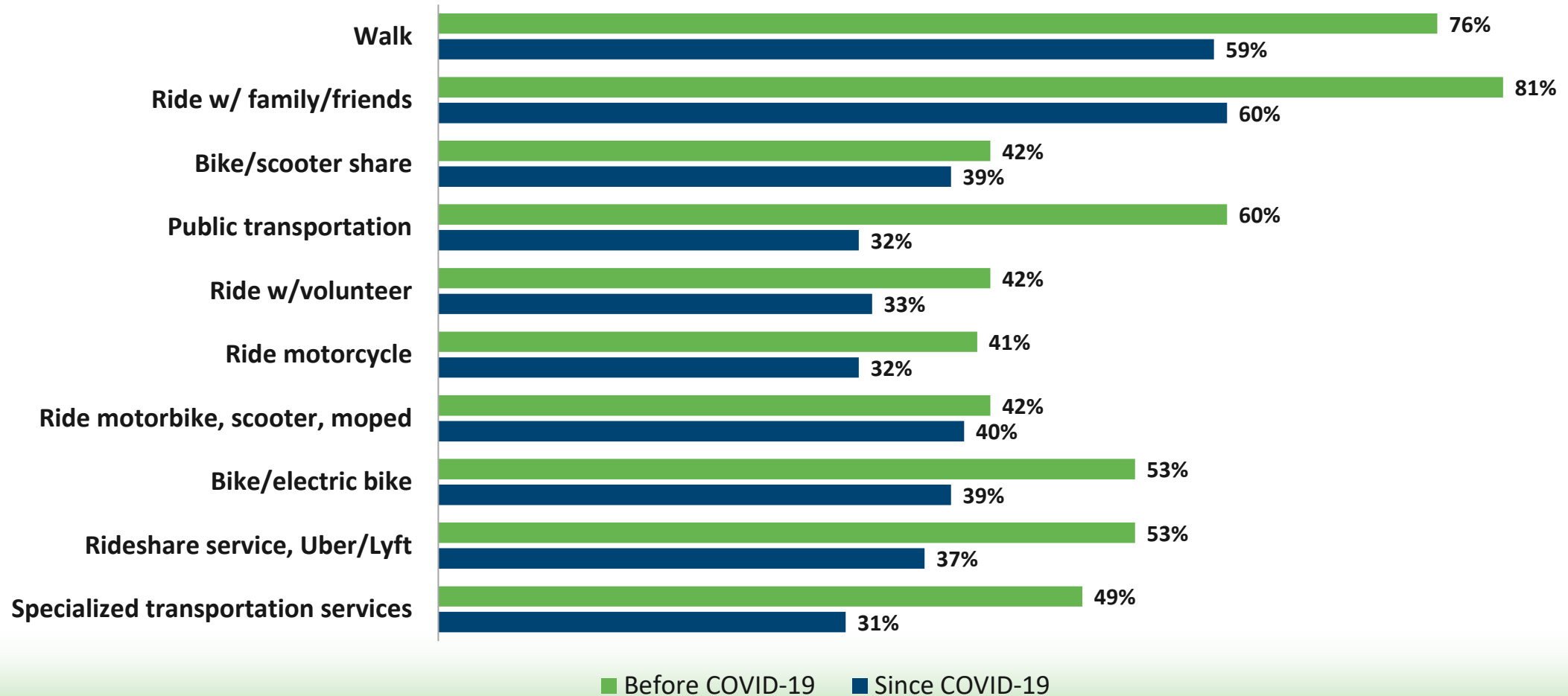


# 5

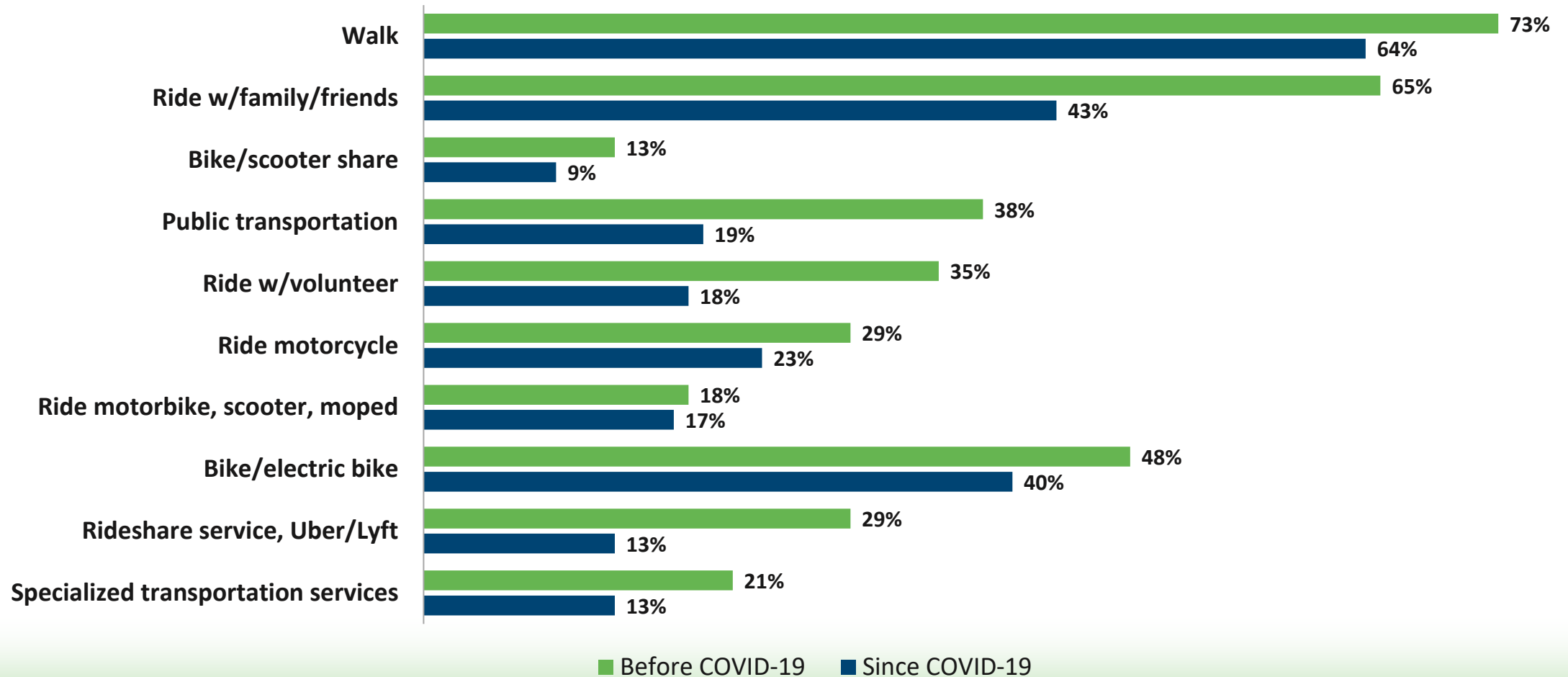
The use of public transportation by diverse younger adults with disabilities and older adults declined by about half due to the COVID-19 pandemic.



# Top 10 Transportation Methods Used by Younger Adults with Disabilities: Before and Since COVID-19



# Top 10 Transportation Methods Used by Older Adults: Before and Since COVID-19



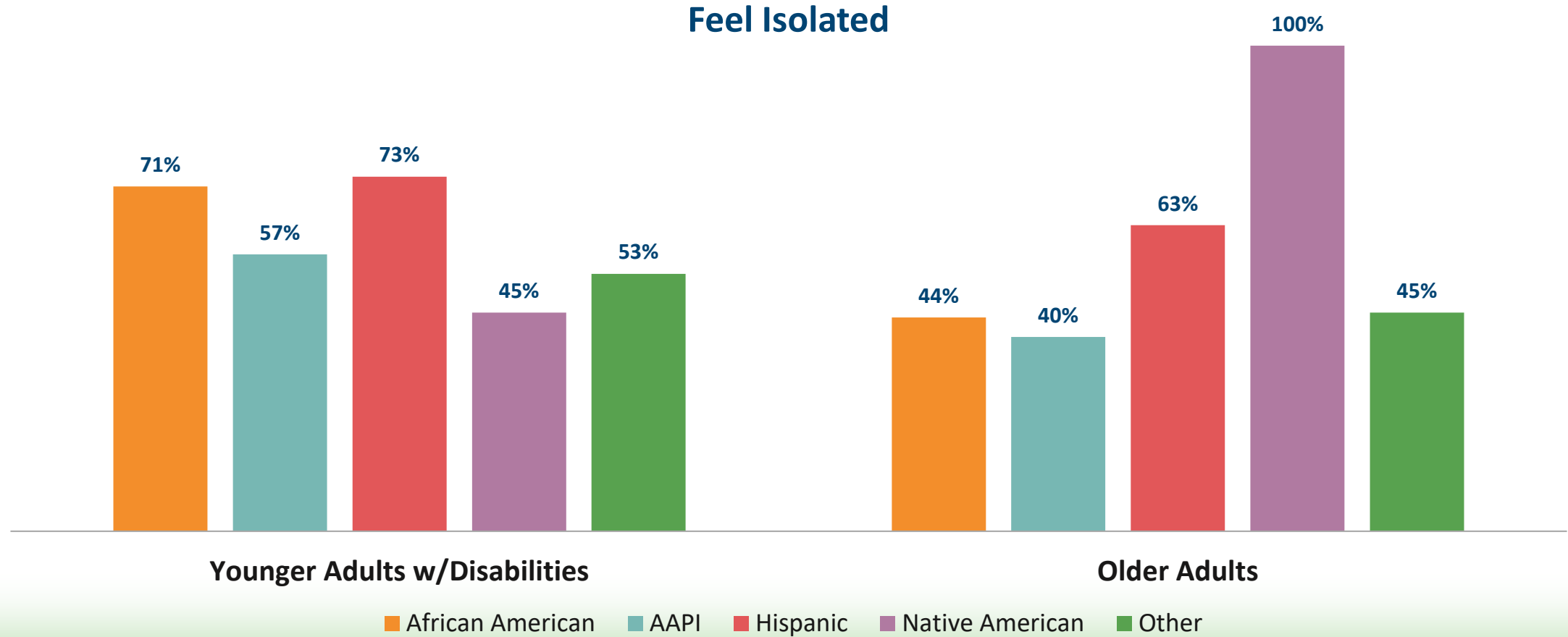
# 6

Diverse younger adults with disabilities more frequently rate the transportation in their household, neighborhood and community as “not good” or “poor”.

# 7

Diverse younger adults with disabilities and older adults say that not having transportation “often” or “sometimes” prevents them from doing the activities they need or like to do.

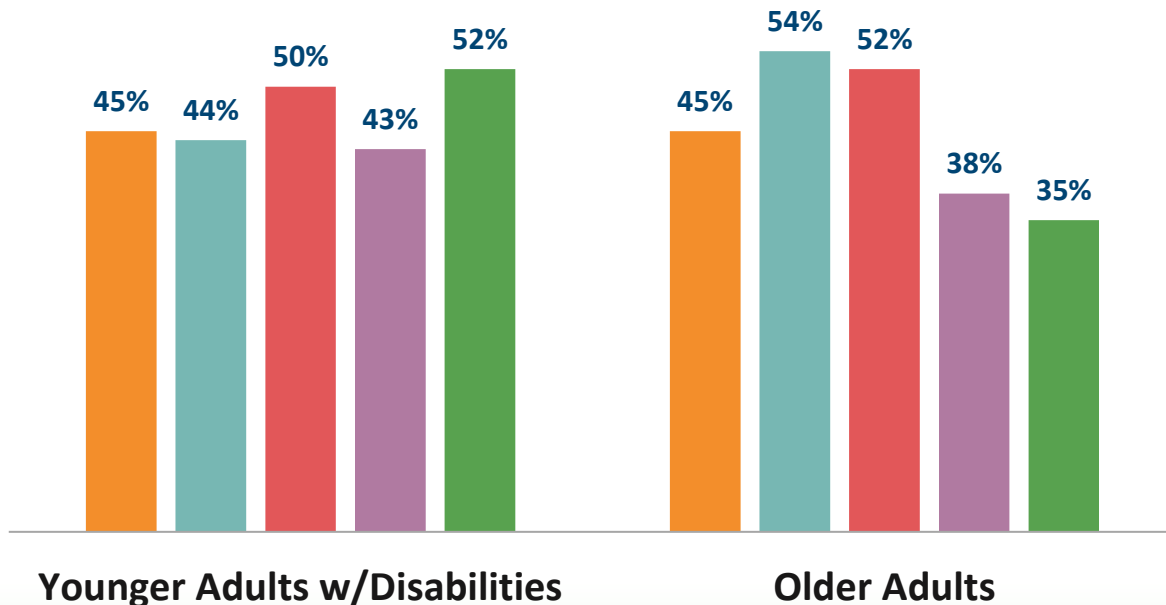
# Diverse older adults and younger adults with disabilities, who don't regularly have transportation, say they feel isolated.



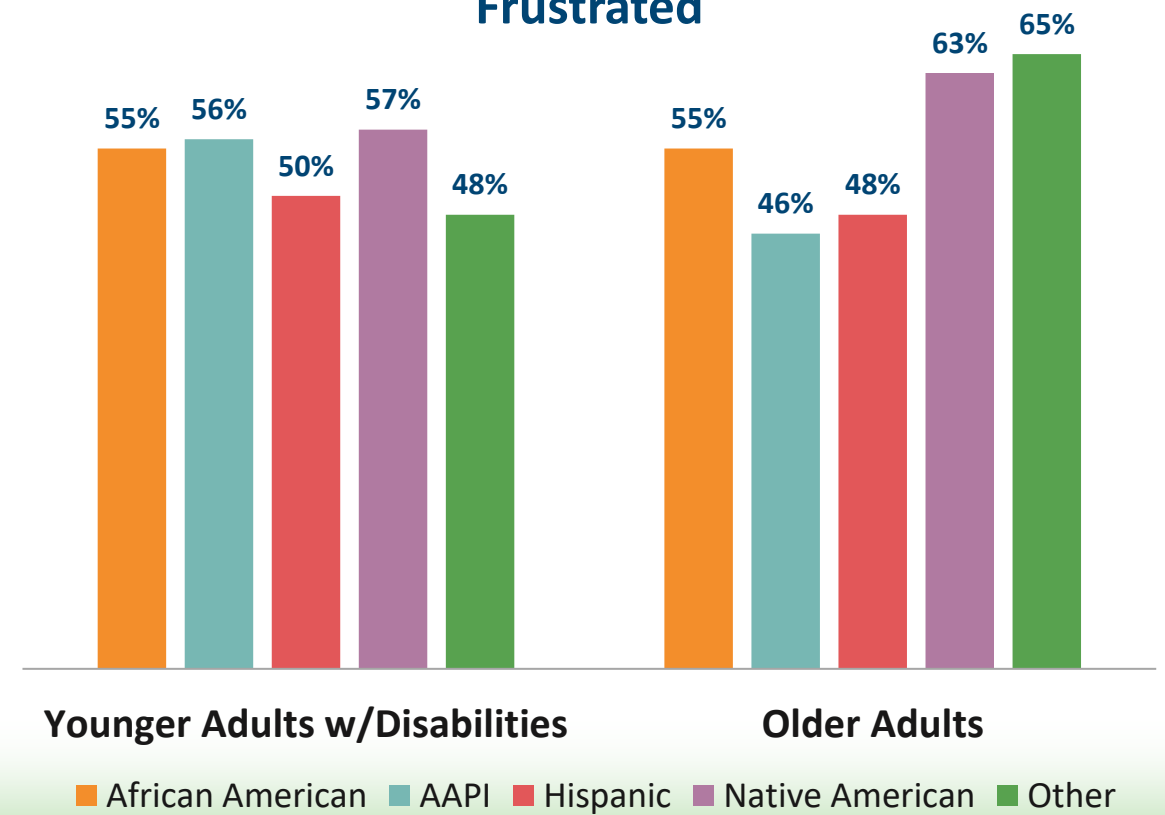


# Diverse older adults and younger adults with disabilities who don't have good transportation options say it makes them feel dependent on others and frustrated.

## Dependent on Others



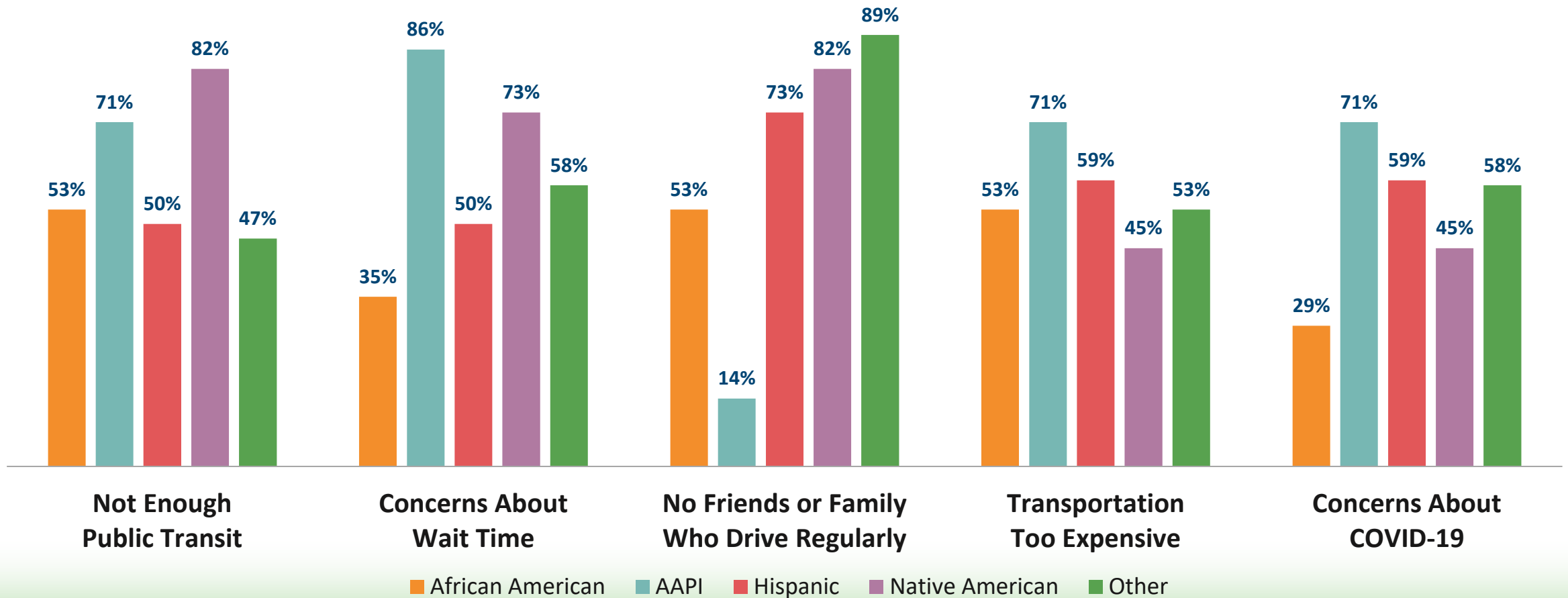
## Frustrated



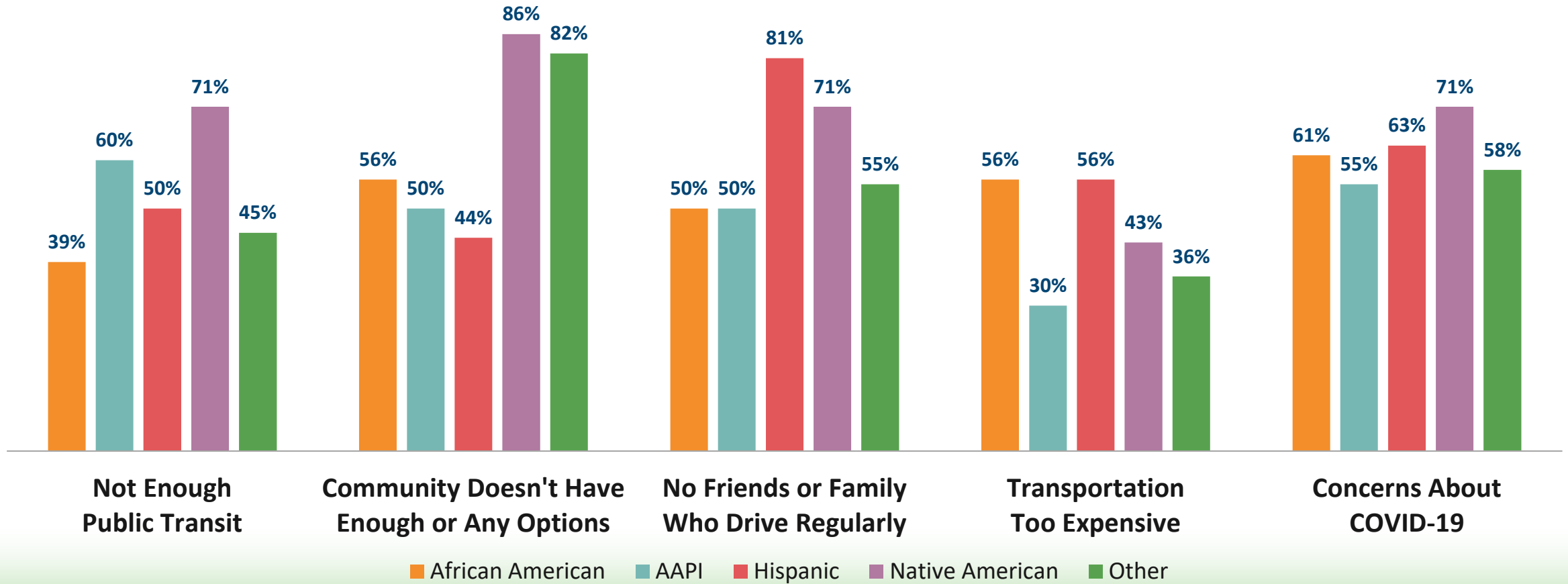
# 8

Diverse younger adults with disabilities and older adults face numerous transportation barriers.

# Biggest Transportation Barriers for Younger Adults with Disabilities



# Biggest Transportation Barriers for Older Adults



9

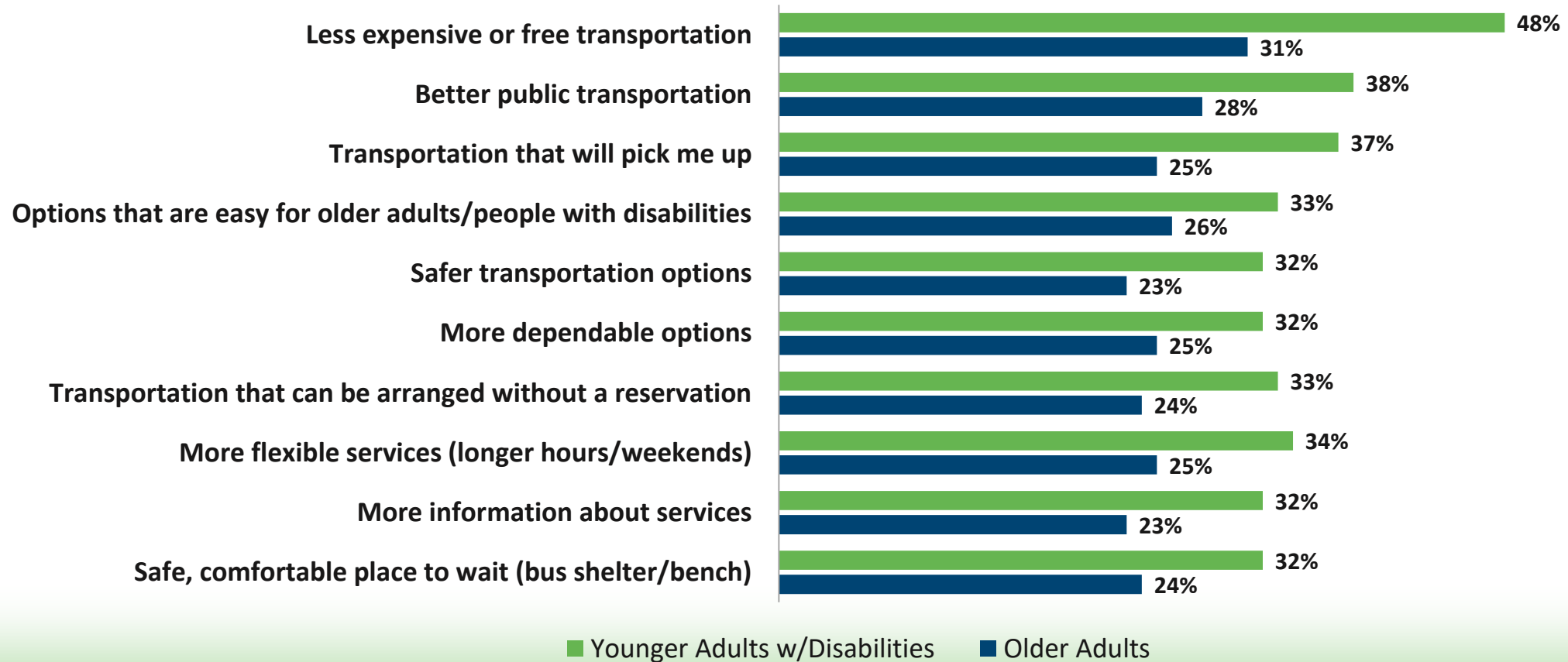
Diverse older adults and younger adults with disabilities most often turn to family, friends and neighbors for information about transportation.



# 10

Among the top changes both diverse older adults and younger adults with disabilities want to see in the future are more free and less expensive rides and better public transportation.

# Top 10 Transportation Options that Diverse Older Adults and Younger Adults with Disabilities Would Like to See in their Communities



# Conclusions and Next Steps

The survey serves as the first step in a comprehensive environmental scan. Activities are planned in 2021-2022 to explore more deeply the transportation needs and concerns identified by the 2,435 diverse individuals who responded to the survey, including:

- Obtaining insights and recommendations for action from attendees today.
- Holding a series of focus groups with older adults, younger adults with disabilities and caregivers from historically marginalized and underserved communities across the United States.
- Convening regional meetings with transportation, aging and disability professionals and other stakeholders.



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